

A N N U A L
N A R R A T I V E R E P O R T

Yuma County

July 1, 1958

November 30, 1958

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AGRICULTURAL EXTENSION SERVICE

Mrs. Lois E. Harrison
Home Agent

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Assistant Home Agent

Yuma County
Agricultural Extension Service
1957-58 Annual Home Economics Narrative Report

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SUMMARY

1. SITUATION

Yuma County spreads over the entire southwest of Arizona, extending from the California boundary almost 100 miles to the east, from the Old Mexico boundary about 160 miles to the north.

An attached map and community key of the County shows 12 populated areas in which homemaking education is being carried on through Homemaker Clubs and program-affiliated organizations. Some divisions of the County show 17 communities. At present, there are 11 official, active Homemaker Clubs. This report concerns the calendar year of July through November, only.

Adult homemaking education, in the northern part of the County, had been at a standstill for some time. With the coming of a new Home Agent, and the work plan, by which both Home Agent and Assistant Home Agent work in all parts of the County, homemaking education is on the up-swing in that area. There is now, or will be, by the end of the calendar year, a Homemaker Club in each of the northern communities.

Club program planning had been done, in detail, for only part of the year--through June. Therefore, teaching, in the latter half of the year, has been given, by the new Home Agent, in answer to specific requests. She has attended one or more meetings of each Homemaker Club, and of several affiliated organizations. Demonstrations prepared have been repeated among the several groups.

An indicated endeavor of first importance was to build up interest and participation in homemaking education, through Extension clubs or otherwise. A change in personnel of Home Agents is always upsetting to the overall program. As an introduction and entree to homes, a Survey-Questionnaire was used. "What Do You Need From Home Economics Extension Education?" was its title. Answers from homemakers were tabulated as indicative of "what we should include in our program of Homemaking Studies and Activities which will most help homemakers along the road to better family living." A return of over 30% answered questionnaires was gratifying. Percentages reveal this information about homemakers of the County:--

42% Live on farms or ranches.	Prefer to get homemaking in-
39% Live in towns.	formation from Extension
19% Live in the country, not	Service through:
on farms or ranches.	37% Meetings
64% Are in age group, 30-50 years	27% Leaflets or bulletins
77% Have children at home under age 20	19% Newspapers
24% Work outside the home, full or	11% Television
part time	6% Radio

A program of study for the year 1959 has been selected by club women, according to needs shown by the questionnaire. Additional percentages and indications will govern methods of teaching these projects.

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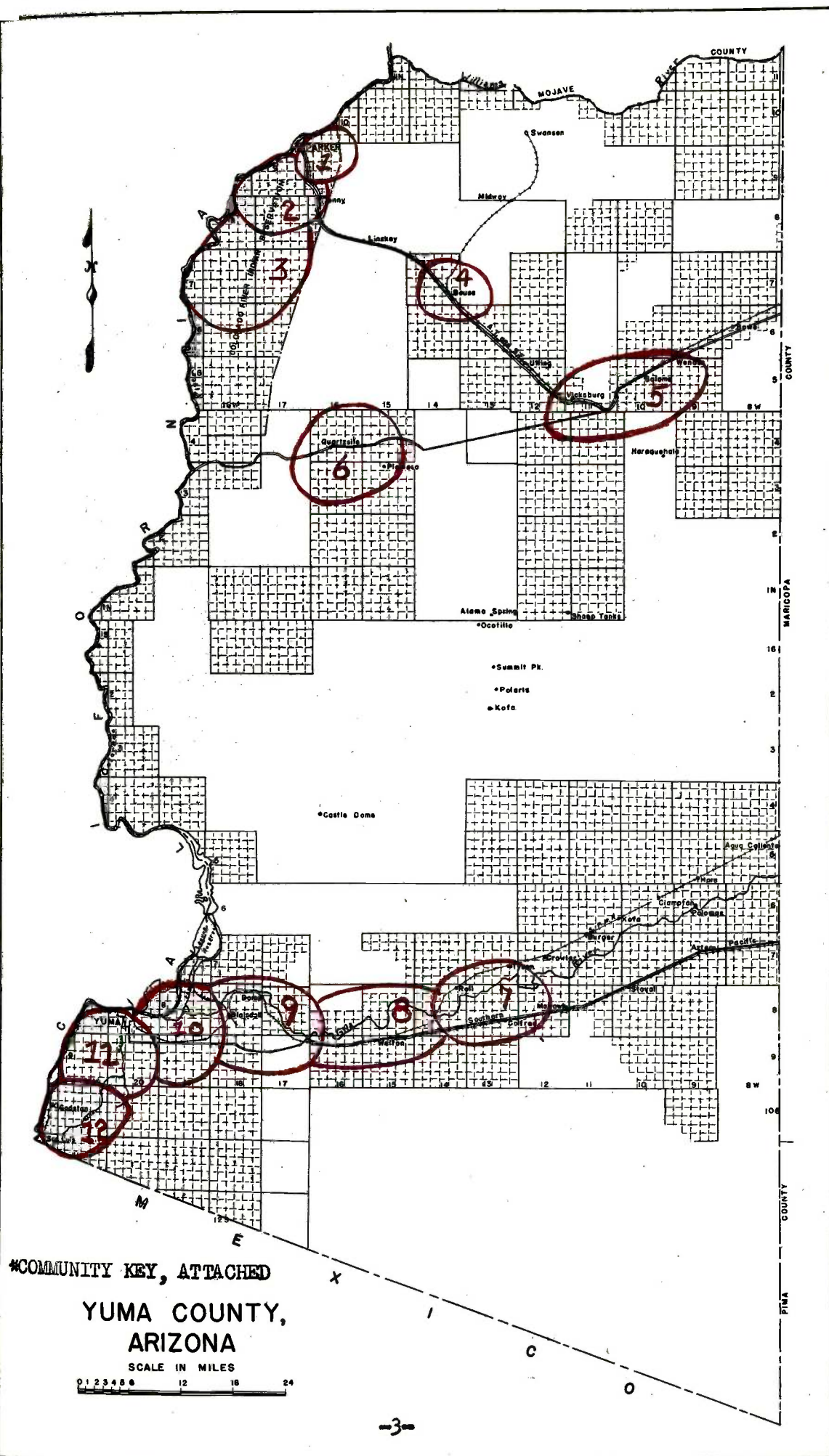
Club presidents had served in an advisory capacity for program and County work, but were not organized into an official Club Council. Such a Council, having as its membership, each club president and vice-president, will be organized early in December.

In an expanded program, the Home Agent, will not be able to attend all meetings of each club. It is necessary, then, to use the leader-teacher system. In it is the true "extending" of Extension Service. Leader-teachers will be trained in meetings to teach specific lessons. They will then relay their learnings to other club members. Such training meetings will be held in several areas of the County, for the convenience of attendance by selected leaders.

A Club Member's Handbook has been prepared. By referring to it, any member may know details of program planning, activities, scheduled dates, visits of the Home Agent, her own club program. The use of it will do away with the need of sending 'meeting notice' cards from the Extension Office.

Reports of project leaders and club meeting reports were not used in the County. Therefore, this Annual Narrative cannot relate, by factual numbers, changed behavior or methods as results of demonstration lessons. Both these tools of Extension education are being put into use with the beginning of the next calendar year.

By a newly tried division of workload, the Home Agent and Assistant Home Agent each work in the entirety of the County, the former in adult homemaking education mainly, the latter taking the lead in 4-H Club work homemaking.



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YUMA COUNTY COMMUNITY KEY--HOMEMAKER CLUBS AND PROGRAM-AFFILIATED ORGANIZATIONS

1. Parker Homemaker Club
 - Parker Women's Club
 - Parker Social Clubs
 - Agricultural Groups
 - Indian Agency
2. Parker Valley Homemaker Club
3. Poston Homemaker Club
4. Bouse Homemaker Club (tentative)
5. Salome Women's Club
6. Quartzsite Homemaker Club
 - Quartzsite Women's Club
7. Roll Homemaker Club
8. Wellton-Dome Homemaker Club
9. Wellton-Dome Homemaker Club
10. North-South Gila Homemaker Club
11. La Casiera Homemaker Club
 - Home Engineers Homemaker Club
 - Community Homemaker Club
 - Church Groups
 - School Groups
 - Hospital Groups
 - Service Clubs
 - Social Clubs
 - Industrial Groups
 - Agricultural Groups
12. Gadsden-Somerton Homemaker Club

2. HIGHLIGHTS

"What Do You Need From Home Economics Extension Education," a Survey-Questionnaire, given or sent to all homemakers in the County whose names were available from existing lists, served as a double springboard. By it, the new Home Agent was able to become acquainted more easily, glean facts about families and living conditions, interests and program needs. Its preparation, the cooperation of homemakers, tabulating of general information, immediate and future use of its indications,--all help to evaluate what we are doing in homemaking education and to plan ahead for appropriate homemaking studies.

Program Planning for the coming year was done according to answers made by homemakers in the Questionnaire. Those three problems mentioned the most number of times in each phase of homemaking study were put into a voting ballot. Each club made its vote; all votes were reviewed by committees in a special program planning meeting. The general assembly cast the final vote. In this democratic way, then, project study for next year was decided.

As a highlight of the year, a study in Money Management was uppermost. "How to Use Your Credit Intelligently" was the specific subject. Local business persons served in a teaching panel, explaining the several kinds of credit available. Manager of the Credit Bureau made a summary worth remembering--"Guard your credit as you do your life; credit rating follows you like a shadow." Club leader-teachers are relaying pertinent information to other members. This Extension Homemaking project is being followed by family sessions to disseminate information about income tax, and social security, and a Finance Forum for husbands and wives.

"Home Agents' Letter" is the title of a weekly newspaper column. Both Home Agents contribute to its writing. Starting with the salutation 'Dear Homemaker' and closing with 'Sincerely, Lois and Beryl', it is a friendly, personal message, carrying information of many homemaking interests. The column appears in the 'Yuma County Farmer.'



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To represent the State of Arizona Extension Service, the Home Agent attended the "National Home Demonstration Council" Convention, in Wichita, Kansas. An approximate 5,000 Extension club women thrilled to hearing about their own comparative efforts, and plans for future work. University level educators spoke very frankly of the many roles of the modern homemaker and her responsibility to spread truthful information about home economics education. One of the two choruses to present concerts was that of Clay County, Missouri, with which group the Home Agent has worked for several years, being part of its birth and of this latest honor and superb performance.

Of particular convenience to every Homemaker Club member will be the "Handbook" which has been prepared. She will have in her hands a calendar of her own club events, information of program possibilities, clubwork goals and requirements, dates of all meetings concerned with Extension Homemaking Education.

PROGRAM OF WORK

1. IN-SERVICE TRAINING

The Home Agent reported for duty at the State Office on July 1. She remained there for three days, being orientated and reading reports or other materials pertinent to work in the State of Arizona and County of Yuma. State Leader of Extension Home Economics, Miss Jean M. Stewart, accompanied the Home Agent to her new station, Yuma. In staff conferences here, orientation was continued. The County Agent and the Assistant Home Agent acquainted the Home Agent with towns, areas and people, by traveling with her on first trips about the County.

2. ORGANIZATION AND PLANNING

County Work Division

It was most agreeable, among both State and County personnel, that the Home Agent and Assistant Home Agent work in Yuma County according to the following plan:

Home Agent to be in overall charge of the Home Economics program for adults and 4-H.

Home Agent to take specific lead in programming and work with and for adults in the Home Economics field.

Assistant Home Agent to take specific lead in programming and work with and for 4-H in the Home Economics field.

Both Home Agents prepare for and work together in all leader training, for both adult and 4-H work, insofar as possible.

Both Home Agents work in all areas of the County, with all folks, regardless of color or race.

Homemaker Club Council

A County Homemaker Club Council, as an advisory and program governing body, is a loosely knit gathering of club presidents. It, presently, is not a highly organized association. Women are interested in so organizing, and getting to know better women of all parts of the County and their problems. It is planned, then, to officially organize a Homemaker Club Council at the next general meeting of club officers. Such meeting is planned for early December, 1958. Discussion with club women has shown that they would like to rotate County-wide meetings, to assemble in either the north or south areas.

Program Planning

An effort, which seemed and has proven to be, of effective importance, is the Homemaker Survey-Questionnaire. It was modeled after the National Survey of Home Demonstration Work. Because the Home Agent had participated in that 'facts-and-needs' endeavor, in Missouri, she was able to develop a questionnaire suitable for local use. Its purpose, in Yuma County, was, as the letter of introduction said, 'to help us

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to evaluate what we are doing in homemaking education and to plan ahead, so that we may build into our program, those homemaking studies and literature which will help you most toward better family living--more homemaking and less housekeeping.'

Questionnaires were distributed by personal home visits, in meetings and by mail. Homemaker Club members, other organization members, (of related groups), clients of FHA, PTA presidents, other homemakers as were indicated, were included in the issuance of questionnaires. A special survey was negotiated with members of the Pilot Club of Yuma. It was considered that reports from a group of city, working-outside-the-home homemakers would add measurable value to the results of the survey. Volunteer returns were most gratifying in number--a 30% return being considered very good.

Homemakers' answers were compiled into graphic information, used as the basis of Project Study Selection for the coming club year. Important, general information indicated that:

42% Live on farms or ranches.	Prefer to get homemaking in-
39% Live in towns.	formation from Extension
19% Live in the country, not	Service through:
on farms or ranches	37% Meetings
64% Are in age group 30-50 years	27% Leaflets or bulletins
77% Have children at home under age 20	19% Newspapers
24% Work outside the home, full or	11% Television
part time	6% Radio

Specific information, which applies to needs for and ways of teaching in certain subject matter fields, are being compiled and will be helpful in the coming year.

A Voting Ballot Sheet for Club Project Studies for 1959 was made. Those three problems mentioned the most number of times by homemakers in the questionnaire, "What Do You Need from Home Economics Extension Service?", were listed on the ballot. Six phases of homemaking studies were emphasized. Homemaker Clubs voted, in their September meetings, choices of project studies. The ballot sheets were brought to Program Planning Meeting on September 30.

Six committees discussed the voted project requests. Recommendations were then presented to the general assembly. Studies for 1959 were voted on and accepted as follows:

Food and Nutrition: Committee Chairman--Mrs. Wade Winters, Quartzsite
How to plan and serve Nutritious Meals that have Variety Appeal.
How to plan and serve Nutritious Meals that are Low in Cost.

Clothing: Committee Chairman--Miss Beryl Burt, County
How to alter Ready-to-Wear Garments.
How to alter Patterns to fit Individuals.

Home Furnishings and Home Management: Committee Chairman--Mrs. Felix Segulja, Somerton

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How to add Personality and Cheerfulness to our Home by Using a Good Color Scheme.
How to Make Draperies.

Family Relations: Committee Chairman--Mrs. Laura Dahozy, Poston
How to Develop in My Children Better Personalities and Cooperativeness.
How to Cope with Discipline, as a Process of Learning, not Punishment, with Under-Teen-Age Children.

Health, Safety, Recreation: Committee Chairman--Mrs. Marvin Tedrow, Yuma
How to Teach and Practice Home Safety.
How to Develop Family Recreation, in the Interest of Family and Mental Health.

Homemaker Schools: Committee Chairman--Mrs. Robert Walsh, Yuma
How to Plan and Serve a Nutritious and Reducing Diet, emphasizing Seasonal Cookery.

Excerpts from the 'after' newspaper article, which describes the Program Planning Meeting, explains further action taken or planned for 1959:

Thirty homemakers--members of Homemaker or affiliated clubs, or women interested in organizing clubs--, representing all communities of the County, with the exception of Salome, met in the Conference Room of the Extension Office for Program Planning.

Mrs. Clay Lawton of Wellton, Chairman, called the meeting to order at 10:30 AM.

Mrs. Lois E. Harrison, Home Agent, explained "What is a Homemaker Club?" Her definition was this, "A group of women, meeting and learning together, in the interest of helping to solve their common problems, and the betterment of family and community life, through instructions from Agriculture and Home Economics Extension Service, and through discussions with themselves and neighbors. It is organized and given guidance by the Home Agent.".....explaining existing and planned "Homemaker Club Study in Yuma County." The club leader system of "extending Extension Service teaching and learning" was stressed and will be used in the coming year. In this system, club-study-project-leaders are responsible for teaching, in club meetings, all lessons for which there are leader training sessions. The Home Agent will bring a different lesson to each club three times a year, (or four times).

Homemaker Schools were explained. As part of homemaking education, short time "schools", each of three to five sessions, will be held for homemakers. Subjects will be related to club studies, and information may be relayed to club members by school class members. Enrollees in "schools" may be club members and/or non-club members.

Mrs. Harrison stated that both leader training meetings and schools will be held in several areas of the County--the Yuma-Somerton area, the Wellton area, the Quartzsite-Salome area, and the Parker-Poston area.

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"Country Life Conference" received a lively discussion.....A decision was made to select a Steering Committee at the next general gathering of club officers, in December. A suggestion was made that each club and affiliated organization send at least one member to the University event. It was suggested further that at least part of such representative's expenses be paid by the club involved.

"Let's Take A Good Look" at Club Programming " and "12 Ways to Teach Homemaking in Clubs" brought out highlights of club work--teaching and learning.

A Homemaker Club Yearbook-Handbook is being prepared for the 1959 year. It will be issued to club presidents in numbers sufficient so that each club member may have one. It is a combination of club program yearbook and 1959 program information handbook. Behind its preparation and distribution is the thought that, if every club member has access to, not only a calendar of her own club events, but, also, general information of program possibilities, clubwork goals and requirements for Achievement Certificates, Council and other-club personnel, she will feel a greater interest in and responsibility to her club and County homemaker education.

Homemaker Club Work

New Homemaker Club organization is gathering momentum in outlying areas of Yuma, in, and in the vicinity of, Parker, in Quartzsite. The Home Agent is, at present, working with fifteen Homemaker Clubs and affiliated groups of women.

Having the Home Agent work personally in all these areas makes it easier for women to carry on a sustained club program. Looking forward to leader training meetings being held in at least three areas of the County causes women to be more ready to accept club responsibility. Women are interested in setting up a year's club program, realizing that their chairmen will be in charge of most lessons, and that the Home Agent will bring a related, yet different, lesson three or four times in the year.

Leader Training is to be expanded--there being planned two lessons in each of three phases of homemaking education, one lesson in each of two other phases.

Women's Clubs in Quartzsite, Salome and Parker are setting up in their year's programs definite homemaking lessons which their leaders or the Home Agent will teach.

All Homemakers' Clubs and affiliated women's groups are being especially urged to sponsor 4-H Club work. Increased membership in both Homemaker and 4-H Clubs is a foremost goal of County Home Economics work.

The "Home Engineers" group, composed of homemakers who live in La Mesa Manor No. 2 of Yuma, are all young mothers. There is a night meeting club, which allows for daddies to be baby-sitters.



HOME ENGINEERS — Program on various phases of homemaking are under discussion as the officers of the newly formed "Home Engineers" club meet for a planning session. Organized recently for homemakers in the La Mesa Manor area, the club is headed by officers, from left,

Mmes. Robert Brown, treasurer; Robert Walsh, president; John Kane, vice president and Fred Sayre, secretary. The organization, which meets on a monthly basis, is sponsored by the Yuma County Agricultural and Home Economics Extension Service. (Sun Staff Photo)

In Lowell Manor, Yuma, La Casiera Homemakers' Club met, after several months of abandonment, before the Fall season to elect officers, select chairmen and project leaders. New officers are: Mrs. Myrna Schultz, President; Mrs. Evelyn Smith, Vice-President; Mrs. Merle Price, Secretary; and Mrs. Donna Tedrow, Treasurer.

Mrs. Ira Rowzer, who has five girls and two boys, all of school age, is making preliminary arrangements for the organization of a homemakers' club in her area of the town, between Yuma and Somerton. She, and she includes many of her school-mother friends, wants very keenly to learn to sew. A club in that area would serve a real need.

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The "Community Homemaker Club" was organized in the area west of Yuma. Members are scattered enough in home locations that a neighborhood name did not seem logical. This is another group of young women who are anxious for homemaking helps that will get them out of the 'house-keeping class.' Elected as officers were: Mrs. Brooks Lee, President; Mrs. Tom Drysdale, Vice-President; Mrs. Sam Phillips, Secretary-Reporter; and Mrs. Milas Morgan, Treasurer.

In the first week of December, three new clubs will be organized--in Parker, Parker Valley and Quartzsite.

Since there is no longer a Home Economist with the Colorado River Indian Agency, the Home Agent is working directly with Indian club women. Getting them to take over club teaching-leadership for themselves will be quite an endeavor.

Homemaker Club reporters are now sending their own news articles directly to local papers. The Yuma Daily Sun is doing an especially good job of making the public aware of activities of Homemaker Clubs.

An Officers and Project Leaders Training Meeting will be held in early December. Divisions of the meeting will train officers for their respective jobs, project leaders for their jobs in general--not specific phases of study. All club supplies and tools of organization and operation will be issued:

- Enrollment sheet (for officers, leaders, members).
- Requirements and Application for Certificate of Achievement.
- Secretary Book.
- Sample 'Club Constitution and By-Laws!'
- Guide for News Reporter.
- Meeting Report Card.
- "Madam Chairman" booklet.
- "Homemaker Club Handbook" booklet.
- Sample of Project Report sheet.
- Yuma County Homemaker Club Handbook.

Explanations will be made concerning all operations of club business and programming. Other-than-leader-or-Home Agent programs will be explained. It will be urged that each club have a meeting attendance chairman who will contact, by 'phone or otherwise,' each member to remind her of meeting date and place. Because each club member will have her own handbook and a personal contact, she will no longer have need of a meeting notice card sent by the Extension Office. This practice is discontinued.

As a club advisory and governing body, a Homemaker Club Council will be organized at the time of the Officers and Project Leaders Training Meeting. Though club presidents have been serving in committees and in advisory capacities for the homemaking educational program, real Council organization has not been in effect. It is thought that an official body, acting under a Constitution and By-Laws, with elected officers and chairmen, furnishing an executive committee, will be helpful and inspirational, both to club women and the Home Agent.

Another activity of club women, which will draw them closer together, making for greater friendship and a sense of belonging, will be the Club Rally Day. It is planned as a County-wide event in the Fall of 1959.

Homemaker Schools

Homemakers, particularly young ones, are sometimes unable to join Homemaker Clubs. Regular meetings, the sustained program, carrying out responsibilities may draw too hard on the time of young mothers. Short time schools may be most helpful to them. This type of home-making education is being made available in the coming year. A "Homemaker School" is planned, to be held in at least three areas of the County. A school will consist of three to five meetings, in as many weeks. Class sessions may be held in either day or night hours, according to the need in the particular community. The subject for 1959 is: "How to Plan and Serve a Nutritious Diet, emphasizing Seasonal Cookery."

By home visits and a club meeting in the Gadsden area, a roster of about 16-20 names of young mothers has been composed. The existing Homemaker Club has, for the most part, past middle-aged members. Young women say they want, very much, schools for specific job learning and possibly a club of their own. Two members of the older club have offered to be permanent baby-sitters for the young mothers. No finer interest or service could be hoped for.

PROJECT ACTIVITIES AND RESULTS

1. FAMILY ECONOMICS

A big effort of the year involved education for homemakers in the field of Money Management. It was a most satisfying experience to realize how cooperative and interested business men of the credit world of Yuma were to help. They realized the opportunity to themselves and their organizations of spreading the message "How to Use Your Credit Intelligently." 'Before' and 'after' publicity was well handled by local newspapers. A three-column picture of the teaching panel in action appeared in the "Yuma County Farmer." Two communities of the County, only, were not represented in the training meeting. Club teacher-leaders are relaying the lesson to club members in November meetings. Leader reports will come in too late to be summarized in this Narrative.

This endeavor, on the part of Extension Service, is to be followed, in November, by a Finance Forum, arranged by Valley National Bank. It is also an excellent introduction to a series of meetings, in November, to be conducted by Extension Service, concerning Income Tax and Social Security.

A summary of information given is shown in the following newspaper excerpt:

"William Westover, in the morning session, moderated a panel presentation, "The Community Looks at Credit." The 4-C's involved in loaning--character, credit, capacity, collateral--were emphasized by Glen Bohm of Valley National Bank. Charles Cochran of First Federal Savings and Loan, stressed the intelligent use of credit as applied to home loans. Concerning farm and farm operating loans, Charles Small, of Imperial-Yuma Production Credit Association, warned against the over-extension of credit. Robert Brown, M. O. King Company, described the establishing and operating of retail credit accounts. Consolidations of loans into one account and savings by installment buying was pointed out by Jack Fletcher, Household Finance Corporation. Mrs. Florence Brandt, Credit Bureau, explained work of her service relating to credit rating of individuals.

Garrett E. Blackwell, Jr., County Agent, talked in the afternoon on "Money Management--A Guide to Family Living." He directed attention to the tremendous importance of money management as a key to successful living and the overall objective of every family--happiness.

In a workshop session, women figured interest rates on an installment purchase. They did arithmetic according to a formula presented by Miss Beryl Burt, Assistant Home Agent. Mrs. Lois E. Harrison, Home Agent, explained that credit is but one of the "Doors to Money Management." She stressed that homemakers, who make the great percentage of family spending decisions, need to "Change attitude to cultivate knowledge to make right decisions in spending money."

Homemaker Club teacher-leaders attended from Yuma, Gila Valley, Quartzsite, Parker, Potosi, Roll, Dome and Wellton. These women will "extend"

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their learning by teaching in Homemaker or affiliated clubs in their respective communities. The study of credit is an effort of Extension Service to help homemakers, because they have asked for such instruction, in one of the great problems of family living--Money Management.

This instruction session in Yuma is one of two in Arizona to be held for homemakers. Miss Grace Ryan, Home Management Specialist, guided and assisted in groundwork and preparation.



HOUSEWIVES HELPERS—A panel of experts on various phases of financing and credit offers advice to homemakers on managing their money during a special course held Tuesday at the County Agent's Office. Left to right are Robert Brown of the M. O. King Company, Mrs. Florence Brandt of the Credit Bureau, Jack Fletcher of Household Finance, Glenn Bohm of Valley National Bank, William Westover, panel moderator, Charles Small of Yuma Imperial Production Credit, and Charles Cochran of First Federal Savings.

Classified as Family Economics is also the current demonstration of the Home Agent. "Happy Holiday with Handsome Homemades" is the title of a demonstration showing how to make Christmas decorations, gifts, wrappings, foods. Because the lesson emphasizes low cost of 'do-it-yourself,' it is thought of as helpful to general Family Economics.

Following is an excerpt from the newspaper article of Mrs. Sammy Jo Hancock, reporter of the Dome Valley Pioneer Club:

"Using remnants of material and 'odds and ends', Mrs. Harrison fashioned clever gifts appropriated for the holiday season. She showed homemakers how to add a touch of originality to their holiday decor, and how to create fascinating conversation pieces while operating within a limited budget.

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Table Decoration and Setting--"Happy Holiday with Handsome Homemades"



Decorative articles, package wrappings, gifts--"Happy Holiday with Handsome Homemades"

2. CLOTHING

A lesson showing how to use and cut out patterns was prepared for women of the Azon-Nez Club. Illustrative materials and samples were given to Esther Massey, who taught the lesson. These mothers were sewing garments for their children to wear to school. Probably this lesson emphasized the need, so that one newsletter discussed proper clothing for school children-styles, durability, care.

Azon-Nez Club women learned certain sewing techniques in their October meeting. The Home Agent stressed, particularly, the easy making and attaching of convertible collars.

The "Zipper Clutch Handbag" demonstration has been popular with club women. It is a versatile bag which may be made in different sizes, of various fabrics. From a delicate evening bag to a roomy carry-all, the handbag offers interest to both women and teenagers. The convenient feature of using one 'inside' and many 'outsides', of different colors or fabrics, increases its usefulness.

The Home Agent served as a judge in the Singer Sewing Machine Company Sewing Contest for teen-agers.

L-H Advanced Sewing Project leaders were assisted in two LTM's. Bound buttonholes were featured. Dress and skirt belts were also studied in detail.



Mrs. Paul Barnes, Mrs. Imogene Humeumptewa, Mrs. Jo Sachek, Mrs. Josephine Lomayesva, Mrs. Angelita Bernal learning how to make a simple placket. Miss Beryl Burt, Assistant Home Agent, is teaching.

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Mrs. Kitsey Case presented her annual showing of knit and crocheted garments. The loveliness of garments--from sports wear to wedding gowns--surely succeeded in inspiring or challenging many homemakers to take up the hook or needle.

The "Home Agents' Letter," a weekly newspaper column, has offered information about the following: School Wardrobes, Laundering School Clothes, and Stain Removal.

3. FOOD AND NUTRITION

"The Best Meal for Your Food \$" is a demonstration lesson. In it are emphasized nutritious selection of food, a weekly marketing, purchases of "Mrs. Wise Buyer," and "Mrs. Not-So-Wise Buyer." The latter is taught by means of a skit and with actual food items.

Quantity cookery recipes were worked out with Mrs. Marvin Wall. She was chairman for the Open House of the new Parkview Hospital in Yuma. Twelve women assisted in the preparation and serving of food for the event, as did the Home Agent and Assistant Home Agent. Particularly did two homemakers' clubs furnish workers--the North-South Gila and La Casiera Clubs. Thousands of persons toured the hospital. Service, on the part of club homemakers, was in the nature of Public Relations.

Bulletins, illustrative materials, charts were parts of information provided for LDS Stake Training. Particularly did the leaders enthuse about the bulletin, "Nutrition Up-To-Date, Up-To-You." Additional copies of it were requested by individuals.

Judging foods was the instruction of the Home Agent in two 4-H Food LTM's. Biscuits and yeast rolls were examined, tested, tasted.

4-H project leaders were instructed in how to develop judging as an activity in every project meeting. A flannel board presentation was given by the Home Agent. It is a serious objective in 4-H Club work to get all members to participate in judging education and contests. In 1959, judging education will be featured as are now demonstrations.

The work done on the adult level by the Assistant Agent was a result of requests from two clubs, the Roll and Dome Valley Homemakers. Information and techniques covering "Summer Drinks and Desserts" was compiled and demonstrated. Fruit drinks and desserts were emphasized. Utilizing Yuma's abundance of melons--both cantaloupe and watermelon--suggestions were made for fruit cups and fancier pineapple boats filled with fresh fruit and melon balls. Since the women do have and use food freezers, recipes were also collected for frozen desserts that they might find helpful in preparing ahead of time for hot Summer meals.

The "Home Agents' Letter," a weekly newspaper column, has offered information about the following: Peaches - peachy in many ways, Grape Jelly and Preserves, Diets for Reducing, Recipe Pot Pourri, Curing Dates, Food Buying, Wild Game Cookery, and Unusual Conserve and Preserves.

4. HEALTH AND SAFETY - FAMILY LIFE - HOME MANAGEMENT

Health

Contacts have been made which will allow Extension Clubs to make full use of the County Cancer Society education and Heart Association programs. Cooperation has been given to the Welfare Department in the form of information for foster homes and low cost diets.

Safety

One news column featured Safety, engendered by good Health, stemming from good Nutrition. Radio spot statements and a television program highlighted Safety.

Fire prevention was brought to the attention of the public in newspaper and radio releases.

Home Management, Furnishings, Equipment

Assistance was given to two individuals for the making of draperies. One newsletter described over-all measurements for kitchens. One radio spot program and one news article advised concerning the care of covered floors. A goodly number of requests came into the office asking about stain removal. Home decor and color schemes were featured in another newsletter.

It has been quite a thrilling experience for the Home Agent to have a part in the planning of color schemes and furnishings for new homes in the Yuma area.

Other news articles pertained to the following: Safe Study in Good Light, Using Your Credit Intelligently, and Caring for Home Freezers.

5. COMMUNITY DEVELOPMENT

Work done in relation to the Money Management project was, probably, as effective an endeavor in public relations as any possible. Mrs. Mildred May, of the Phoenix headquarters of Valley National Bank, stated that it is due to the laying of groundwork by Home Economics Extension Service that her organization will hold, immediately, a Finance Forum in Yuma. The Club project was, indeed, a good interest-getter and eye-opener.

The Home Agent attended one of the luncheon meetings in which Mrs. May introduced the Forum to all presidents of Yuma Women's organizations.

It was a good happen-stance that the Home Agent was in the Parker area on a night of a local Farm Bureau Meeting. It was to her advantage to meet the many folks of farm interest in that northern part of the County. Conversational work was done in the interest of Homemakers Clubs to service the several communities there.

Arizona Public Service entertained, as dinner guests, school home economics teachers, campfire girls' leaders and Home Agents. The program had,

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as its purpose, explanation of how Miss Kathleen Burke, Home Economist, may help in household electric equipment introduction, demonstration, use in the home. Homemakers clubs will be advised of her service.

A shining highlight of October was attendance, by the Home Agent, to the National Home Demonstration Council Convention in Wichita, Kansas. She represented the State of Arizona in this gathering. Five thousand Extension Club women bulged the seams of the Wichita auditorium. It brought a feeling of combined pride and humility to be part of the gathering. To sense the genuineness of purpose expressed by club women was inspiring. Speakers, Dr. Moss, Nebraska, and Dr. McCain, Kansas, were top-notch in their observations and admonitions to women concerning Family Relations and the job of homemakers today.

The Home Agent, no doubt, was the proudest person in the convention. The Club Chorus of the County in which she recently worked, Clay County, Missouri, gave a half hour choral presentation. One of the numbers was "A Prayer" which is the Collect in music.

Community development is much dovetailed with Organization and Planning. There is great potential for homemaking study in every part of the County. Yuma, itself, may have several clubs and schools. It is contemplated that there may be a "Luncheon Hour" school for women who work outside the home.

The Home Agent has actively participated in events or endeavors of the following: Arizona Public Utilities (judge of cooking contest), Parkview Hospital Open House (preparing refreshments), Singer Sewing Machine Service (equipment and sewing contest judge), Pilot Club (working homemakers' survey). Contacts have been made in the interest of public relations and service with the following groups or business establishments: PTA's, FB, FHA, Women's Clubs, Chambers of Commerce, Zonta Club, Radio and TV stations, newspapers, local stores.

Mrs. Kitsey Case, Mrs. Lillie Smith and the Home Agent served as judges in the Yavapai County Fair. It was an experience not only good public relations, but of personal training as well.

The Yuma Pilot Club entertained all school teachers at a Sunday afternoon Tea. The Home Agent served as photographer, thus getting to meet, personally, more Pilots, and more teachers. She had assisted, also, in planning table decorations--a 'log' school and appropriate yard made of 'straight pretzels' and 'crackers.'

In the Business and Professional Women's Club of Parker, the Home Agent explained the service and opportunity of Homemakers Club work and Home Economics Extension Service

Homemakers Club reporters are sending their own news articles directly to local papers. Following are excerpts taken from the papers which relate activities:---Mrs. Merle Price was hostess at a meeting of La Casiera Extension Club in her home last Thursday. President Myrna Schultz conducted the meeting and Mrs. Jane Hansen, Mrs. Rosemary Lenert and Mrs. Jane Wagner, were introduced as new members. A demonstration was given by

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Mrs. Evelyn Smith on the process of making jewelry from sea shells.

.....At a meeting at the home of Mrs. Peggy McCauley last Monday night the newly organized Roll Homemakers Club elected officers for the coming year. Mrs. McCauley will serve as President during this first term. Other officers include Betty Eykamp, Secretary, Deleath McLaurin, Treasurer, Mae Rider, Membership Chairman and Bonnie Greer, Reporter and Social Chairman.

The Home Agent served as judge in the clothing and room improvement demonstration contests held in the State 4-H Roundup. Since she was new in the State and area, it seemed allowable for her to serve in that capacity. She was most pleased to attend, and to meet, top 4-H'ers of the entire State, as well as to brush up on ways and methods of 4-H teaching in the State.

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OUTLOOK AND RECOMMENDATIONS

It is hoped and expected that Homemaking Education will 'extend' and 'expand' to reach homemakers in every area of the County to--"improve their homes, be better homemakers, be better informed citizens, to work with others for the improvement of the community, through Home Economics Extension Service." This is an objective stated in the Clubmember's Handbook for 1959.

A Homemaker Club Council is being officially organized. Its membership includes the president and vice-president of each club. It will serve to get women of distant parts of the County together and acquainted with one another and their similar or varied problems. The Council will serve as an advisory group to the Home Agent, thus making the program truly one 'of the people and for the people.'

The club 'leader-teacher system' will be expanded and used. Training meetings will be held in the several areas of the County. This will make it convenient for leaders to attend. Leaders will be responsible for 'extending Extension teaching.' Any club program will have its own leaders responsible for two meetings of the three in a quarter year. The Home Agent will personally teach the third lesson in any quarter.

It is recommended, and will be stressed, in an Officers' Training Meeting, that club program chairmen call on any and all County Agents, other than the Home Agent, to teach requested lessons. Having outside speakers or teachers will be urged also.

Tools of club organization and operation will be used to a greater degree. Each club will then be more responsible to itself for program and acceptance of recommended methods or practices. It is hoped that every Homemaker Club will work toward receiving a Certificate of Achievement. Goals of Yuma County Homemaker Education are set forth in the Handbook. Each club member may refer to them often. Goals of an individual club member may also be written into the Handbook.

Recreation to help in the content of family living, or 'family living therapy' will be introduced in the form of handicraft. Craft work, done by all family members, may become release for individual tensions, family enterprises--even ways of adding to family incomes. Handicraft is not just leisure-time 'fancy work.'

A County-wide Rally Day is planned for all club members. It is another endeavor to get folks together, to give them a sense of belonging, to inspire in them a feeling of County comradeship and loyalty to each other and Extension Service.

For the benefit of working homemakers and young homemakers who may not be able to join clubs, Homemaker Schools are planned. In classes, of three to five meetings each, a selected subject will be taught. These schools will be held in each of three or four areas of the County.

It is expected that a goodly number more women, than in recent years, will attend what has been known as 'Country Life Conference.' It is a

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school type of session, held at the University, for any interested homemaker of Arizona. A County Steering Committee will be selected in December. It is suggested that each club send at least one member to the school. It has been suggested further that at least part of that person's expense be paid.